



Cambridge University
Malaysia & Singapore
Association

Freshers' Guide

2026-2027

*Greetings from
Cambridge!*



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This guide is the collective product of numerous CUMSA committee members, and students past and present.

Every effort has been made to ensure that this guide contains the most up-to-date information as possible. However, we highly recommend verifying this information with official agencies and information sources, especially on medical guidance and travel requirements.

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PART I Freshers' Guide

Introduction | Travel Information | Post-Arrival



President's Address

Congratulations on getting into Cambridge! As you transition into the next stage of your academic journey, I'm sure many of you will have mixed emotions. Excitement, anxiety, hope. These were the feelings that defined my experience when I was in your shoes two years ago. I arrived in Cambridge knowing nary a soul, but most of the friends I've made since then I'd now consider close. I say this not to alarm but to reassure you: the absence of a ready-made group is an invitation to step outside your comfort zone. It is not at all a disadvantage.

Some advice before you embark on this journey:

- Keep an open mind and get out of the Singaporean bubble. It's easy to spend three years orbiting familiar faces. There's nothing wrong with this comfort, and you should hold onto people who feel like home. But if there was one change I could make, I'd push myself to sit with people whose backgrounds and assumptions differed from mine – Cambridge affords you a rare concentration of people worth knowing.
- Cambridge will demand a great deal from you. Supervisions, coursework, Tripos, and internship applications left unchecked will leave you moribund. Rest isn't a reward that you earn after doing the work, but a critical part of doing the work well.
- Go and do the things you can't do at home. Some of my fondest memories here are budget trips with very little planning. You will rarely have this combination of freedom, cheap travel, and time again, make sure you use it.

As President, it'd be remiss of me if I didn't mention CUMSA. Truthfully, CUMSA has been the home away from home for my peers and me. We run events nearly every week during term, and our community is growing each year. When you find yourself tossed out of the frying pan and into the fire, you can rest assured knowing that you'll always have a community to rely on. Make sure to keep a look out for our upcoming events!

Abdul Mateen Kamal, President 2026/27





CUMSA's History

CUMSA was founded in the Michaelmas term of 1948. Then known as the Cambridge University Malayan Association, it brought together a small community, worlds away from home. Its founding committee included former Minister Mentor Lee Kuan Yew (as President), and former Chief Justice Yong Pung How (as Secretary). Over 77 years since, many Malaysians and Singaporeans have contributed to the organisation – a list which includes Singapore's current Prime Minister Lee Hsien Loong, and former Minister for Foreign Affairs George Yeo.

With a membership of over 350 students, CUMSA is one of the most vibrant and active student societies in Cambridge. We take pride in organising events, building camaraderie, and providing welfare and support to enhance the experience and friendships within the Malaysian and Singaporean community in Cambridge and the United Kingdom.



riter and Joint Bookrunner

Our Committee

2026-2027

Executive Committee



Abdul Mateen Kamal
President
Y3 HisPol, Wolfson



Chloe Young
Vice-President
Y3 Natural Sciences, Girton



Tan Jia Xuan
Secretary
Y2 Law, St John's



Yu Tang Koo
Treasurer
Y2 Geography, St Catharine's



Sophie Khoo
Publicity Secretary
Y2 Law, Homerton



Akash Krishnan
Sports Secretary
Y2 Economics, Queens'

General Committee



Claire Sim
Sponsorships & Careers
Y2 Law, Murray Edwards



Brandon Loy
Access & Outreach
Y2 Law, Homerton



Ethan Kuai
Database
Y2 Computer Science, St John's



Joel Chik
Events & Welfare
Y2 HSPS, St Edmund's



Puja Mohanty
Events & Welfare
Y2 Natural Sciences, King's



Brian Chua
Events & Welfare
Y2 Law, St John's

Graduate Reps



Boyang Hou
PhD in History, Churchill

Contact us

President - president@cumsa.org
Vice President - vice-president@cumsa.org
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Treasurer - treasurer@cumsa.org
Publicity Secretary - publicity@cumsa.org
Sports Secretary - sports@cumsa.org
Database Officer - database@cumsa.org
Sponsorship Officer - sponsorship@cumsa.org
Events Officers - events@cumsa.org
Access Officer - access@cumsa.org
Graduate Representative - gradrep@cumsa.org



Committee
2026/27

Travel Information



Vaccination Information

COVID

The UK government has removed most coronavirus restrictions as of March 2022. As such, travellers entering England:

- Do not need to complete a UK passenger locator form before travel.
- Do not need to take any COVID-19 tests before departure or after arrival.
- Do not need to quarantine upon arrival.
- These apply regardless of your vaccination status.

OTHER VACCINATIONS

It is recommended that your vaccinations against Meningitis ACWY, MMR (measles, mumps, and rubella) and influenza (for the Northern Hemisphere) are updated.

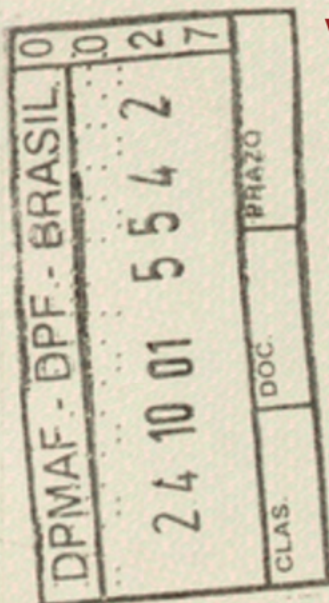
If you are unsure, you can access your vaccination records through the National Immunisation Registry (nir.hpb.gov.sg), or take your health booklet to a clinic for verification.

Vaccinations are available at some polyclinics and at most travel clinics. As vaccinations can take up to 3 weeks, complete them early. Hard copies of your vaccination records are also required when registering with a GP in the UK.

A tuberculosis (TB) test is not required to apply for a visa as a Singapore citizen.

Vaccination certificates issued by the NHS and MOH (through notarise.gov.sg) are recognised by most countries. You are advised to check official advisories issued by the country you wish to travel to for the latest information and regulations.





Visa Information

Passport

It is highly recommended that you renew your passport if it has (or will soon have) less than 6 months of validity remaining. You must also ensure that the passport number submitted in your visa application matches the one listed in your CAS. A mismatch in passport numbers can cause delays or a visa refusal

Stichtsmarkering/Visas/Visas

Confirmation of Acceptance of Studies

Your CAS is typically issued by your College's admissions officer, and is provided only when you have met all the conditions of your offer, whether academic or non-academic (including your Financial Guarantee for Study), and submitted a scanned copy of your passport to your College's admissions officer by e-mail.

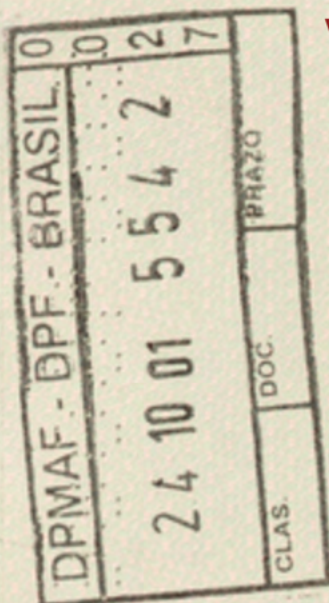
To see more on the CAS statement, head to: <https://bit.ly/2LbLSCO>

Evidence of Funds

To be eligible for a Tier 4 visa, you must demonstrate that you have sufficient funds for your studies. This amount is reflected on your CAS. The documents you provide will differ depending on how you are funding your studies. For full scholarship holders, a signed scholarship letter will serve as evidence of funds. If you are self-funding, you must have the full amount required either in your own or your parents' bank account for a consecutive 28-day period. Relatives' accounts are not acceptable.

If your tuition fees have already been paid for, this will be reflected in your CAS.

Stichtsmarkering/Visas/Visas



Visa Information

International Health Surcharge

All applicants applying for (or renewing) their visas must pay a healthcare surcharge. This allows you to access the UK's National Health Service (NHS) for the duration of your studies. It is mandatory for all international students to pay the IHS.

Payment for the IHS is made together with your online visa application.

Applying for a Visa

You can only begin applying for your visa 6 months before the start date of your course and after receiving your CAS. Ensure that you are applying for a Student visa under the Student Visa category (<https://www.gov.uk/student-visa>).

You will be prompted to indicate your sponsor. This refers to your **visa sponsor** (i.e. **the University of Cambridge**) and **NOT your financial sponsor**. The travel vignette will reflect your chosen date of arrival. If your 30-day visa validity period has expired, you can apply for a 30- or 90-day vignette transfer. Be aware of time difference when choosing your arrival date.

Once your online application is complete, you must book an in-person visa appointment with **VFS Global** (135 Cecil Street).

Ensure that you have brought:

- Your **printed** appointment letter and application form
- Your passport
- Your CAS number
- Your IHS reference number
- A photocopy of your NRIC

During your appointment, your documents will be collected (including your passport). You will also be given a checklist; this is not a list of mandatory documents, but a list of documents commonly submitted. **Only tick against the documents required for submission for a UK visa application.**

Also see: <https://www.internationalstudents.cam.ac.uk/student-visa-entry-clearance>

Exit Permit (for NSMen)

How to Apply

1. Go to ns.sg to apply
2. If you are prompted to submit proof of overseas studies, follow the instructions given by the NS Portal during your application.
3. Should you encounter technical difficulties, submit an e-mail request for manual application of your exit permit to contact@ns.sg.

USEFUL CONTACTS:

NS Portal E-Mail: contact@ns.sg

NS Call Centre (24H): 1800 367 6767 or +65 65676767 (Overseas)

To Note:

Apply for your exit permit as early as possible, as checks may take up to 3 weeks if you are randomly elected and requested to provide evidence of your overseas studies.

You are probably familiar with the NS Portal's frequent and unexpected maintenance downtimes, so applying well in advance is a very good practice.

If you receive the following message:

"You are only allowed to apply for a three-year exit permit even if you are on a four-year course. Extend your exit permit in your third year."

Just renew your exit permit when it expires. Additionally, you will be prompted to either (1) renew your exit permit or (2) return to Singapore before your permit expires.

Pre-enlistees or servicemen on disruption should contact MINDEF or CMPB for more details.

Flights & Tickets

Before You Fly

Think about the amount of time you will need to move in, unpack, and settle down. Also factor in some time to settle your administrative matters (such as banking). Do also check when your College allows you to move in, so you don't book tickets that are too early or too late!.

Flying into London

London has several airports, but most flights from Singapore arrive at Heathrow,

The average flight time is about 12 to 14 hours. Perfect for a movie marathon!

Non-Stop or Stopover?

Some airlines fly directly to London, while others stop over in other destinations.

Singapore Airlines, British Airways and Qantas fly non-stop from Changi Airport to London Heathrow, while Emirates and Qatar Airways have a transit stop in Dubai and Doha respectively.

Student Deals

Singapore Airlines and Qatar Airways offer discounted fares for students and a whole slew of other perks. It is worth checking these airlines' websites to see if the student fares offer you more bang for your buck!



REPUBLIC OF
SINGAPORE



Which Airline?

Direct Flights (to Heathrow)



SINGAPORE AIRLINES

- 25 to 30kg of baggage depending on fare type
- Extra baggage and discounts with Student status



QANTAS

- 30kg baggage



BRITISH AIRWAYS

- 1 piece of baggage up to 23kg

Stopover Flights

To Heathrow / Gatwick



EMIRATES

- Transit in Dubai
- 25 to 35kg of baggage depending on fare type



QATAR AIRWAYS

- Transit in Doha
- 30 to 35kg of baggage depending on fare type
- Extra baggage and discounts with Student Club



TURKISH AIRLINES

- Transit in Istanbul
- 23kg baggage
- Extra baggage and discounts with Student status

To Stansted

EMIRATES

- Transit in Dubai
- 25 to 35kg of baggage depending on fare type



Packing Tips

Each piece of baggage cannot exceed 32kg in weight. Your baggage will be rejected at most airports (definitely Changi) if it exceeds this weight.

Compulsory

- Your passport
- Your visa
- Laptop and other lithium battery-powered devices (e.g. power banks - these must be in your hand carry.)

Good to Have

- GBP (in cash or card): It may take a while to get your bank account and card, so we recommend you have around £500 on hand to tide you through the first month or so.

Leave Behind

TEXTBOOKS & STUDY MATERIALS

- Everything you need can be found in the libraries around Cambridge, and some Colleges even provide funding to purchase study materials (but double-check).

WRITING PADS (E.G. FOOLSCAP)

- Writing pads such as foolscap and graph paper can be bought for reasonable prices in Cambridge. Save your luggage space for other more important things.

Recommendations

STATIONERY

- If you like to write by hand, it's a good idea to bring a supply over. Stationery can be expensive in Cambridge; good quality stationery is hard to find, and some brands commonly found in Singapore may not be available here.
- Bring some of your favourite pens and refills, correction tape, and mathematical instruments (if needed).

TOILETRIES

- Essential toiletries are affordable in Cambridge (from Boots, Wilko, etc.) but it is a good idea to have some travel-sized ones on hand to tide you through the first few days of settling in.
- If you are accustomed to Asian (e.g. Korean or Japanese) skincare or cosmetics, STOCK UP BEFORE YOU LEAVE. Asian skincare can be pricey or very difficult to find.

Packing Tips

Each piece of baggage cannot exceed 32kg in weight. Your baggage will be rejected at most airports (definitely Changi) if it exceeds this weight.

FOOD

- Be prepared – your favourite Asian condiments, instant noodles, and snacks are going to cost a pretty penny from now on. Stock up on your favourites as much as possible, especially food that is more 'Uniquely Singaporean' (e.g. Irvin's chips, salted egg yolk sauce).
- Rice cookers are expensive in the UK, so buy them in Singapore.

MEDICINE

- 'Western' medication is easily purchasable over the counter, but it doesn't hurt to keep a small supply for the initial settling-in period. Prescription medications are charged monthly under the NHS, so check with your local doctor to see which option is more cost-efficient for you.
- Just like food, Asian medication (e.g. Peipagao) is also expensive, so buy in SG.

Clothing

- There are plenty of retail shops, charity shops, and online shopping options in the UK, but they might not carry the same sizes, brands, or styles you are accustomed to back in Singapore.
- If you are a fan of brands like UNIQLO, consider stocking up beforehand - the UNIQLO in London charges a premium.
- If you plan on packing light, charity shops and Primark are some affordable options you can consider when building your wardrobe.



Packing Tips

Each piece of baggage cannot exceed 32kg in weight. Your baggage will be rejected at most airports (definitely Changi) if it exceeds this weight.

Clothing

FORMAL CLOTHING

- Formal clothing is an essential part of your Cambridge wardrobe. You will need a set of formal attire for many Cambridge events, from matriculation to formals, to the year-end May Balls.
- Examples of formal wear include suits with shirt or blouse, long trousers with shirt or blouse, dresses, or skirts with shirt or blouse. In most cases, open-necked attire is not acceptable, so neckties, bow-ties, or cravats must be worn with shirts and blouses.
- Check with your respective College for more comprehensive information on the dress code for your matriculation.



WINTER WEAR

- Rejoice if you love layering outfits! The weather in the UK can get cold, so you'll be forgiven if you go a bit too overboard with packing winter wear.

WATERPROOF CLOTHING

- The UK usually has a perpetual light drizzle, so waterproof clothing and shoes are a good idea, especially when cycling or walking on non-paved areas.

LIGHT CLOTHING

- The summers in the UK can be warm, so pack some shorts and t-shirts.





Post-Arrival

Getting to Cambridge



Coach

This will probably be your most convenient and cost-effective method of travel if you are coming alone and/or are in a College close to the city centre.

Be aware of the luggage policy, which stipulates 1 hand luggage and 1 hold luggage per person. However, this is rarely enforced in-person:

- Hand: 1 piece soft luggage (45cm x 35cm x 20cm)
- Hard-shell or wheeled hand luggage must be stored in the hold for safety, but at no additional cost.
- Hold: either 2 medium cases (70cm x 45cm x 30cm ea., max. 20kg ea. OR 1 large case (75cm x 50cm x 32cm, max. 20kg).

BOOK HERE: [nationalexpress.com](https://www.nationalexpress.com)

Taxi



- If you are travelling with a group, sharing the £80-£100 taxi fare to Cambridge is a stress-free option that takes you right to your College's front door. CUMSA also helps organise people into groups for taxi-sharing!
- See: panthertaxis.co.uk or camcab.co.uk



Heathrow

Terminal 2, 3, or 5

Travel time: 1.5-3 hours



Cambridge Parkside

City Centre

16-25 RAILCARD (PRO TIP)

If you plan to travel around the UK often, consider buying a Railcard, which allows you to enjoy discounted train tickets. The railcard comes in 1 or 3 year durations, and can be purchased via the Railcard app.

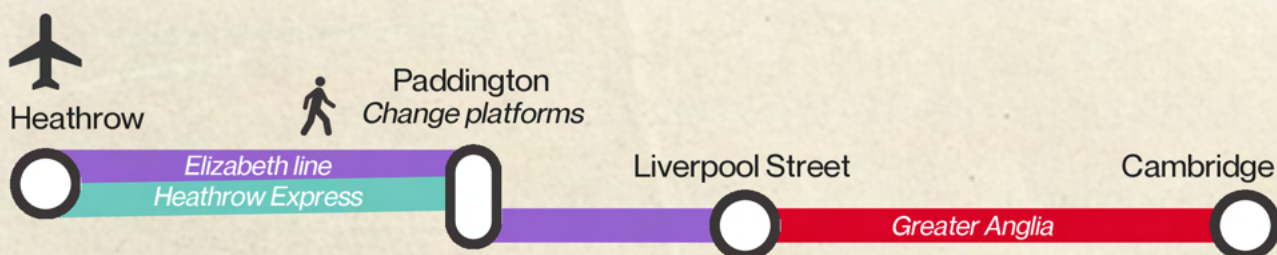
Getting to Cambridge



Train

There are multiple ways to get to Cambridge by train, but all require a change at one of London's main stations (unless arriving at Stansted). Additionally, industrial action (strikes) may also affect your journey; strike schedules can usually be found online.

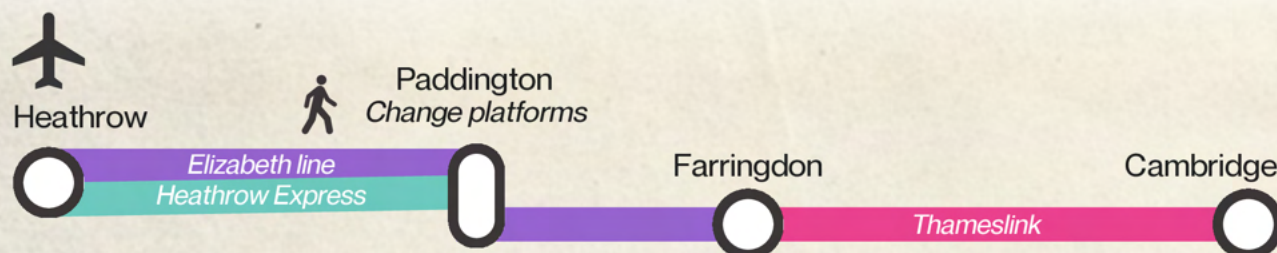
RECOMMENDED: ELIZABETH LINE/HEATHROW EXPRESS & GREATER ANGLIA VIA LIVERPOOL STREET



PICCADILLY LINE & GREAT NORTHERN OR THAMESLINK via King's Cross St. Pancras



ELIZABETH LINE/HEATHROW EXPRESS & THAMESLINK via Farringdon



PORTER'S LODGE

Administrative Matters

SETTLING IN: The Porter's Lodge & Admissions Office

Upon arriving at College, you should visit the porter's lodge to register and check-in, as well as collect your University card (CamCard), your keys (if applicable) and your Biometric Residence Permit (BRP, if you opted to collect it from the university rather than the post office).

If you intend to arrive before the start of your lease, be sure to e-mail your College's accommodations office to let them know.



Free Wi-Fi is available in most parts of the school on two networks: **Eduroam** and **UniOfCam**.

You will require your Raven credentials to access both networks, so be sure to obtain your username and passwords beforehand.

FOR UNIOFCAM:

- Log in using your Raven credentials.
- You will be automatically logged out after 48 hours, so we recommend you use this in the interim period when you are setting up Eduroam, or when Eduroam is down.

FOR EDUROAM:

- There are specific instructions on how to create an account here:

help.uis.cam.ac.uk/service/wi-fi

- A separate account is needed for each device you own (e.g. 1 account for your laptop, 1 account for your mobile phone).
- Your devices will always remain logged in once the accounts have been configured on your devices.



Administrative Matters

The NHS

REGISTRATION

You will need to register with a General Practitioner (GP) in Cambridge. The list of GPs you can register with can be obtained from your porters, college tutor, or college nurse. Some Colleges may have a preferred GP that they encourage students to register with.

MAKING APPOINTMENTS

Most GP appointments are arranged through phone calls. While consultations are free, prescriptions are chargeable through the pharmacy dispensary.

You can also register with a dentist, but this is not covered under the NHS.

Insurance

For insurance matters, one option is to engage AIG, our preferred insurance provider. When you apply through CUMSA, you will be able to receive a 15% discount. Refer to the poster for contact details on redeeming this!



STUDY IN UK
with peace of mind through
insurance that travel the extra mile

AIG STUDENT ASSIST

15% discount for Singsoc members

Contact Lay Hoon
97279918
layhoon@aig.com.sg

AIG



Choosing your Telecom

Telecom Providers

Eduroam has generally good coverage that covers most of Cambridge. As such, you may not need a huge data plan unless you plan on travelling a lot.

Some telecom providers may have poorer quality in certain parts of Cambridge. It is a good idea to check with your College mates on which providers have better service for your college or accommodation before you buy.

Data* (GB)	1	4	8	12	15	20	25	30	50	100	Unlimited	
giffgaff	6	8				10	12		15	20	20	1 month rolling contract
Three			7	9				7	8	15	25 (rolling)	1, 12, or 24 month contracts
Lebara		5						10	15	20	25	1 month rolling contract
VOXI Mobile						10	12	15		20	35	No contract (cancel anytime) Unlimited social media for all plans

*Closest approximation of data provided
Each provider has additional perks, discounts, and more to sweeten the deal.
While the prices above are to serve as a general guide, check the provider's website for the latest prices, discounts, and packages available.



Banking & Finance

Opening an account

The account opening process differs by bank, but typically you will need:

- Your passport
- Your unconditional offer letter from your College
- A letter from your college that acts as proof of admission and confirmation of your residential address.

Banks are usually open until 5pm on weekdays, 1pm on Saturdays, and closed on Sundays and Bank Holidays. It is a good idea to make an appointment ahead of time.

You can either set up a regular deposit account OR a student account. While the student account comes with additional perks, they may take longer to set up.

You might consider banking with:

- **HSBC:** With HSBC, you can set up an account in Singapore for a fee, or for free if your parent(s) has an HSBC Premier account.
- **BARCLAYS:** Barclays is known to have longer processing times of up to a few months.
- Also see: Lloyd's Bank, Natwest & Nationwide

Withdrawing Cash

ATMs in the UK are interlinked, which means that you can withdraw money from any bank's ATM at no cost, even if you are not banking with them. (e.g. you can withdraw from a NatWest ATM with a Barclays card for free).

Some ATMs charge a service fee to use, so make sure to check that the ATM states 'Free Cash Withdrawals' to avoid incurring additional costs.

Overdraft

An overdraft is a way of borrowing money through your current account, where the stipulated overdraft amount is charged no interest. This is unique to student accounts!



Banking & Finance

Transferring money to the UK

- There are several ways of transferring funds from Singapore to your UK bank account. Some of these methods may involve a transfer fee.

REMITTANCE OR TELEGRAPHIC TRANSFER THROUGH ONLINE BANKING

This is possible with most Singapore banks' online banking services or a Western Union account.

You will need your UK account's Bank Identifier Code (BIC) and International Bank Account Number (IBAN). The transfers may take anywhere between several hours to 5 working days. Charges may apply for some banks. DBS, however, does not charge for same-day transfers.

WISE

Wise is an online bank funding transfers with live exchange rates. With a fee rate of 0.5% of the total transfer amount, Wise charges less than regular banks.

YOUTRIP

YouTrip is a card targeted at travellers, and it allows you to convert currencies using mid-market rates. The YouTrip card is a Mastercard debit card and can take up to 12 working days to be delivered.

You can withdraw money from UK ATMs using your YouTrip card at \$5 per withdrawal, which is quite steep.

REVOLUT/MONZO (DIGITAL WALLET)

Revolut provides online remittance and currency conversions at low fees of between 0.35% and 2%. You are able to hold multiple currencies in your Revolut account, and you can top-up your account via Apple Pay or credit/debit card.

You can withdraw about SGD350 every 30 days with no fees charged by Revolut. A physical debit card costs \$20, but the Revolut app comes with a digital card.



Cycling

You COULD survive without a bicycle, but having one would be particularly useful, especially if your college is far from your lecture sites or the City Centre.

New bikes cost around £200, but promotions are held during Fresher's Week. Other options include second-hand stores, websites such as Gumtree, FB marketplace or buying a bike off seniors.

Some colleges also hold bike sales at the beginning of Michaelmas.

Some bike stores to check out include Halfords, Decathlon, Lensfield, Kingsway Cycles, S&G Cycles, and Rutland Cycling.

- Helmets are not mandatory, but it is a good idea to wear one since you will be cycling on roads.
- You must have front and rear lights on your bicycle and use them at night, or risk a £50 fine. White lights are for the front, and red for the rear.
- Bike theft is extremely common in Cambridge, so invest in a good D-lock.
- It is illegal to cycle in pedestrian areas or on pavements, and you must observe traffic laws and signs while cycling.



Joining CUMSA

WHY JOIN US?

A CUMSA membership entitles you to many privileges, including welfare packs during exam term, discounted tickets for CUMSA events, invitations to special seminars, talks, and other opportunities, as well as discounts at numerous eateries around Cambridge.

You can choose between a lifetime membership or a one-year membership. Upon registration, you will also be issued with a digital CUMSA membership card that can be added to your digital wallet. Be sure to flash your card at any of our partner eateries for CUMSA-exclusive discounts!

- Hong Kong Fusion - 10% off dine-in bill (payment by cash only)
- Chinese Canteen - 15% off entire menu (except lunch menu)
- Belgian Waffle Stand - £1 off all waffles
- Mr Ho's Chinese Restaurant - 10% off entire menu
- Jack's Gelato - 10% off on weekdays



JOIN US NOW

cumsa.org/membership/membership-registration





PART II Leisure Guide

Leisure Activities | Supermarkets | Eateries

Supermarkets



Supermarkets

General Grocery Tips

- Basic groceries such as bread, milk and eggs are generally priced similarly across major supermarket chains. If you need to pick something up quickly, buying from the nearest supermarket is unlikely to make a significant difference to your overall spending.
- Chicken drumsticks and wings are usually much cheaper than chicken breast in the UK. Most supermarkets also have reduced-price sections for food approaching its use-by date. These discounts start from around **6 pm onwards** and **items are often reduced by 20% to 50%**.

As a rough comparison with supermarkets in Singapore:

- **Sainsbury's** and **Tesco** are similar to **NTUC FairPrice**: standard, reliable supermarkets with a wide range of products.
- **Aldi**, **Lidl** and **Asda** are similar to **Sheng Siong**: generally cheaper and particularly useful for everyday groceries.
- **Marks & Spencer** and **Waitrose** are similar to **Cold Storage**: slightly more expensive, with a greater focus on premium products and ready-made food.
- **Poundland** is similar to an **Valu\$**, selling snacks, toiletries, household goods and other essentials, often for around £1-£2.





Sainsbury's

QUALITY



AFFORDABILITY



CONVENIENCE



- Sainsbury's is one of the main UK supermarket chains and will probably become one of your go-to places for groceries & snacks, or quick meal options. It also has a small selection of Asian foodstuffs, a bakery, a halal section, and a decent alcohol section. It's generally slightly more expensive than budget supermarkets like Aldi or Lidl, but it's convenient, reliable, and has a wide range of products.
- **Loyalty scheme:** Nectar, which can help you collect points and access member-only discounts. Sainsbury's also offers affordable meal deals, where you can choose a ready-to-eat main, drink, and side; useful when you are in a rush.

Locations

- In Cambridge, you'll mostly come across the smaller Sainsbury's Local stores, which are usually open 7am–11pm every day.
- The larger stores are known as Mainsbury's (at Sidney St) and Farawaysbury's (in Eddington). Both Mainsbury's & Farawaysbury's are open 7:30am–10pm from Monday to Saturday, and have shortened Sunday hours of 10am–4pm & 11am–5pm on Sundays respectively.



TESCO

QUALITY



AFFORDABILITY



CONVENIENCE



- TESCO is slightly more affordable than Sainsbury's, and the quality of groceries they provide is decent. Variety is good, with decent vegan and vegetarian options, as well as a sizeable Asian selection. Their meal deals are very affordable at £3.85 (clubcard price) for a main, side and a drink.
- **Loyalty Scheme:** Apply a Clubcard for free so you can have discounted prices at all TESCO stores; you can also collect points that can be traded in for vouchers.

Locations

- There are two TESCO Express stores in central Cambridge – Petty Cury (city centre) and Christ's Lane (beside Christ's college and behind HSBC).
- Just go to the Christ's Lane TESCO Express; which is less crowded with a just-as-comparable selection of items.
- The large TESCO Superstore is further away at Newmarket Rd, near Coldham's Common.



QUALITY



AFFORDABILITY



CONVENIENCE



- Aldi is one of the cheaper places to buy groceries. Fresh food, essentials, frozen food, and alcohol are all affordable. Chances are you can also get an Aldi-brand knockoff of your favourite name-brand stuff. Variety-wise, it has all the basics you'll require, as well as a random selection of household items and knick-knacks. However, the food can sometimes go bad or moldy before their expiry date, so choose your vegetables carefully!

Locations

- One on Histon Road (near the Hill Colleges), and another at the Cambridge Retail Park (near the Tesco Superstore).



ASDA

QUALITY



AFFORDABILITY



CONVENIENCE



- Can be thought of as an Aldi on steroids; it's a massive superstore with relatively affordable prices. Some items are cheaper than Aldi (promotional items) but depending on what you buy, a shop here may not be worth the distance, and may be even more expensive than shopping elsewhere (when accounting for travel costs). That said, the selection and variety of items is fantastic. Their Asian section is good, and they even have Milo.
- If you want cheap crockery and home goods, ASDA has some nice items, and their house brand cleaning products are quite cheap too.

Location

- At the Beehive Centre on Coldhams Lane



M&S

— FOOD —

QUALITY



AFFORDABILITY



CONVENIENCE



- Marks & Spencer offers a wide range of premium ready meals, snacks, desserts and speciality ingredients. It's a good place to visit when you feel like treating yourself, putting together a nicer meal, or picking up something a little fancier. They've got a good selection of ready-to-eat meals such as pizzas, Southern Fried Chicken, and others. Their fruits are always particularly fresh, long-lasting and reasonably priced for the quality. Stock up on strawberries from M&S whenever they're in season.

Location

- Near Market Square



WAITROSE

& PARTNERS

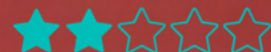
QUALITY



AFFORDABILITY



CONVENIENCE



- Waitrose is the highest-SES supermarket available in Cambridge; it supposedly has some affordable meal deal options, and obscure Asian ingredients like galangal, but most college students are too broke to regularly shop here.

Location

- Near the Grafton Centre.

co op



QUALITY



AFFORDABILITY



CONVENIENCE



- The UK has a noticeable lack of convenience stores like 7/11. Co-op is the closest thing you'll have to one, but it's more like a pricier Sainsbury's Local or Tesco Express. Their products aren't much to write home about, but what they lack in price they make up for in convenience.
- Sign-up for a **Co-op membership**; you pay £1 but immediately get it back as a voucher.

Locations

- Various parts of Cambridge.



Iceland

QUALITY



AFFORDABILITY



CONVENIENCE



- A frozen food store selling a huge range of frozen foods and snacks, from pork cracklings to frozen Gregg's sausage rolls, to whole turkeys. They also carry a smaller selection of everyday groceries and regularly run multipack & multibuy promotions. Price-wise, it's not the most affordable, and some items are comparable in price to Sainsbury's. However, the variety of frozen foods makes up for it. If you're at a Hill College, you'll probably pop by when you go to Aldi.

Locations

- Histon Road (right beside Aldi).



Poundland

QUALITY



AFFORDABILITY



CONVENIENCE



- A discount store selling a wide range of everyday essentials at low prices, with many smaller items costing around £1-£2. The selection changes regularly but one can get batteries, toothpaste, toiletries, tissues, cleaning products, snacks, stationery & basic kitchen items.

Locations

- Near the Grafton Centre.

Asian Supermarkets



- Jiamart is an Asian supermarket selling a wide range of groceries from China, Japan, Korea, Thailand, and other parts of Asia. This is a good place to get Asian sauces, noodles, rice, snacks, drinks and frozen dumplings. They also are good for hotpot ingredients. However, prices are usually on the more expensive side, and you may want to compare prices with Oseyo, J&M Oriental Supermarket, Cho Mee, and Ocean Supermarket. The Regent Street outlet sells Incha bubble tea. You can get 2 Incha bubble teas for £3 on the TooGoodToGo app (app that reduces food waste), although you can't choose the flavour.

Locations

- Regent Street
- Hills Road
- Burleigh Street, near Grafton Centre

Asian Supermarkets

CHO
MEE



- Family-run grocer by a friendly Singaporean/Malaysian couple; is the most affordable of the Asian supermarkets in Cambridge.

Locations

- Mill Road, near Hughes Hall

Halal Supermarkets

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-5

IqBro
Halal
Grocers

YOU !!!

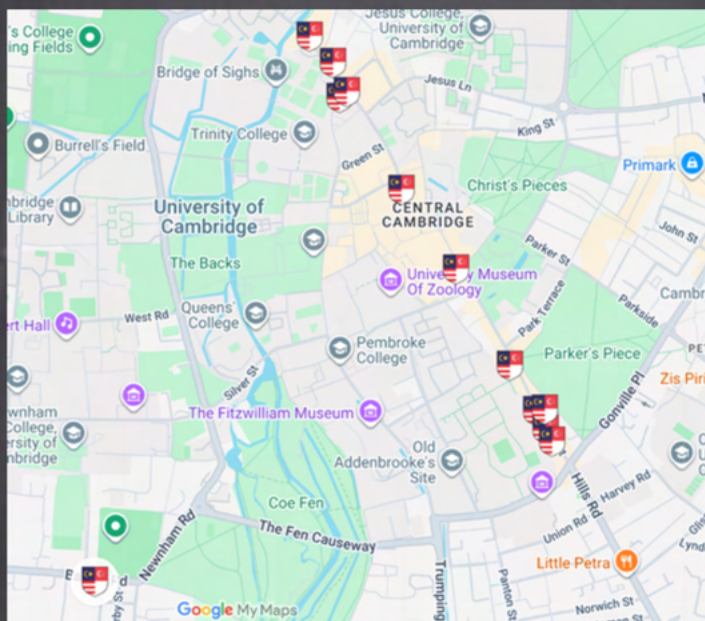


- A halal grocery with an butcher selling South Asian, African, and Caribbean products; is the most affordable halal butcher in Cambridge, selling 1kg of chicken breast for £5.
- Delivers across Cambridge for £5

Locations

- Histon Road, opposite Aldi.

Eateries





Seven Days

PRICE RANGE:
£££

LOCATION:
Regent Street

- **FOOD:** A wide variety of Sichuan and Cantonese dishes are available. The food is consistently tasty, yet the restaurant remains relatively underrated among Singaporean students.
- **ALSO:** There are private rooms on the upper floor that can be booked for karaoke, with a minimum spend of £30 per person.

**10% off with
your CUMSA
card**

Eateries



Hong Kong Fusion

PRICE RANGE:
££

LOCATION:
St John's Street

- **FOOD:** HK Fusion serves a good selection of Cantonese & Sichuan dishes. They offer over 250 items on their menu, from fried noodles and rice dishes to dim sum, dumplings & roast meats. There are both individual meals and larger dishes suitable for sharing. The beef hor fun in black bean sauce is pretty tasty, and if you're feeling under the weather, the porridge would be a good choice.

10% off for dine-in only with your CUMSA card

Eateries



Chinese Canteen

PRICE RANGE:
££

LOCATION:
Bridge Street, near St
John's College and
Magdalene Colleges

- **FOOD:** Chinese Canteen serves a wide range of Sichuan and Cantonese dishes. Many of the dishes come in generous portions and are suitable for sharing. Ordering several dishes for the table is usually the best way to try a wider variety of food. Free-flow plain rice is available for £3 per person, or £4 per person for free-flow fried rice.
- **ALSO:** The basement has large round tables, and a karaoke system. This is where CUMSA typically holds its Chinese New Year meals, so keep an eye out for sign-ups when they open, as places are limited!

**20% off for cash
payments with
your CUMSA card**

Eateries



1+1 Rougamo

PRICE RANGE:
£££

LOCATION:
Regent Street near
Downing College

- **FOOD:** 1-1 Rougamo specialises in Xi'an cuisine and is best known for its namesake rougamo, which is a crispy Chinese-style flatbread filled with seasoned meat (or vegetables). They also serve a range of dumplings, cold noodles and hand-pulled noodles. The noodle servings are very generous. Their signature pork belly noodle is tasty, with a complex sauce and juicy & flavourful pork belly.
- **ALSO:** Service is efficient, and even when there is a queue, the wait is usually not very long.

20% off for cash
payments, 10% for
card payments with
your CUMSA card

Eateries



Mr Wang Hot Pot

PRICE RANGE:



LOCATION: Regent Street

- **FOOD:** This is the only DIY mala restaurant in Cambridge. You can choose your own ingredients from a good selection of noodles, meats, and vegetables, before picking one of four soup bases. The price is calculated based on the total weight of your ingredients, with a small additional charge for the soup base.
- They also serve a small selection of à la carte dishes and snacks. There is a condiment station with sesame sauce, spring onions, coriander, and other toppings, so you can customise your bowl further.
- **ALSO:** The restaurant is relatively small and can feel quite cramped, especially during busy periods.

20% off for cash
payments for 1 bowl
per pax with your
CUMSA card

Eateries



Moana Poké

PRICE RANGE:
££

LOCATION:
Regent Street

- **FOOD:** Moana Poké serves customisable poke bowls. Build your own bowls by selecting ingredients on a paper order sheet. Popular protein options include marinated salmon and crispy chicken. Alternatively, choose from a range of signature bowls.
- **ALSO:** Fully halal menu. Use their physical loyalty card or their app to collect stamps and receive a free bowl after purchasing 8 bowls. The large bowl amounts to about 9-10 pounds, making it a decent tasty filling meal. They also stay open fairly late, so it is a convenient option for a late dinner.

**15% off with your
CUMSA card**

Eateries



The Tiffin Truck

PRICE RANGE:
££

LOCATION:
Regent Street, near
Downing College

- **FOOD:** The Tiffin Truck serves authentic North and South Indian cuisine, with generous portions. Their menu possesses a wide variety of options such as excellent butter chicken, biryanis, curries, tandoori starters, chaats and desserts. They offer plenty of vegetarian and vegan choices too, ensuring that flavours are balanced yet rich, and appropriate for those who don't take spice.
- **ALSO:** Fully halal menu but they serve alcohol. They're also known for their lunch tiffin boxes on weekdays, alongside their dine-in lunch menu kebab rolls at less than £5.

**15% off with your
CUMSA card**

Eateries



Bridges

PRICE RANGE:
£££

LOCATION:
Bridge Street near St John's College

- **FOOD:** Bridges is a family-run café and juice bar. The menu includes sandwiches, salads and other light lunch options.
- **ALSO:** You can also order ahead using its click-and-collect service to avoid waiting during busy lunchtime periods.

10% off with your
CUMSA card

Eateries



Crepeaffaire

PRICE RANGE:
£££

LOCATION:
Bridge Street

- **FOOD:** This cafe offers both sweet and savoury crepes. They are also known for their waffles and serve coffee, milkshakes, smoothies too.

**15% off, 30% off on
Thursdays with your
CUMSA card**

Eateries



Cambridge Crepes

PRICE RANGE:
££

LOCATION:
Sidney Street near
Market Square

- **FOOD:** A creperie serving freshly made sweet and savoury French crepes. Sweet (nutella, banana, lemon & sugar, biscoff etc) and savoury (ham, cheese, mushroom, pesto etc) options are both available.

£2 off crepes, 50p
off hot drinks with
your CUMSA card

Eateries



The Red Bull Newnham

PRICE RANGE:
£££

LOCATION:
Barton Road near
Wolfson College

- **FOOD:** The Red Bull Newnham is a pub that is known for stone-baked pizza.
- **ALSO:** They host a pub quiz every Tuesday.

**10% off on
Thursdays with your
CUMSA card**

Eateries

Jack's Gelato

PRICE RANGE:**LOCATION:**

- Bene't Street, near Corpus Christi (bigger outlet)
- All Saints Passage, near St John's College

- **FOOD:** Affordable gelatos, sorbets and hot chocolate, with different flavours every day. Fan-favourites include Honeycomb, often sold out by mid-day, and the rare Hong Kong Milk Tea.
- **ALSO:** Known as a top spot for late-night sweet treat runs, you'll almost always bump into fellow Singaporeans. Savvy people use the queue jump link to check what flavours haven't sold out (and skip the oft-long queue).

Baan Thai

PRICE RANGE:**LOCATION:**

Park Terrace, next to Parker's Piece

- **FOOD:** A wide variety of authentic Thai cuisine, suitable for both sharing and individual portions. Popular dishes include their beef fried rice, green curry and Pad Thai.
- **ALSO:** It can get crowded especially during dinnertime, so it might be helpful to call in and reserve a table.

Golden House

PRICE RANGE:**LOCATION:**

Lensfield Road

- **FOOD:** Takeaway-only Chinese comfort food — their beef brisket with cabbage is highly recommended but any dish is pretty good. Hearty food for a quiet meal by yourself or a get-together with friends in your room.
- **ALSO:** Call in to order; free delivery for orders £15 and above.

Eateries (with no discount)



Popeye's

PRICE RANGE:



LOCATION:

Market Square

- **FOOD:** The go-to fried chicken spot for any occasion with really good chicken tenders and alright fried chicken.
- **ALSO:** Fully halal menu. Download the app for deals. Service is often incredibly slow even when it's empty, but the chicken is always hot and crispy.

Uncle Frank's

PRICE RANGE:



LOCATION:

Market Square

- **FOOD:** A late-night food truck offering decent kebabs and fried accoutrements. As one does at a kebab "shop", always ask for garlic and chili sauce to lather your already greasy kebab. Nothing to write home about, but you'll thank God it exists when it's 3am and you're still up studying and hungry.
- **ALSO:** Fully halal menu. They offer a 10% student discount so make sure to show your CamCard.

Honest Burgers

PRICE RANGE:



LOCATION:

City Centre, near Market Square

- **FOOD:** A burger restaurant (as the name suggests) crafting relatively affordable burger meal deals. Their rosemary fries are to die for.
- **ALSO:** Only chicken is halal, and they serve pork. They offer a 20% student discount so make sure to show your CamCard or StudentBeans. Much better bang-for-your-buck than Shake Shack.

Halal Food Guide

*This list includes restaurants recommended by the committee, and isn't an exhaustive list of all halal food in Cambridge. For a more comprehensive list, see <https://isoc.co.uk/halal-food>.



Zi's Piri Piri

PRICE RANGE:



LOCATION:

Mill Road near Hughes Hall

- **FOOD:** The unofficial food provider of all CUMSA events. A no-frills piri piri restaurant serving grilled chicken, pizza, and salads. Get a Mega Meal Deal for £28, which includes two 15-inch pizzas, 10 chicken wings, and a portion of chips; can be shared amongst five or six people. Or show up at a CUMSA event.
- **ALSO:** Fully halal menu. Ask for a rewards card to collect stamps every time you dine-in, because you get £5 off once you get ten stamps. If ordering for delivery, make sure to order through the app or website (delivery is free). One of the biggest quality-to-price offerings in Cambridge, and is incredibly value for your money especially when you stack discounts.

Dishoom Permit Room

PRICE RANGE:



LOCATION:

City Centre, near Trinity College

- **FOOD:** A British institution – an Indian restaurant serving fantastic dals, curries, and chai. Known for its Dishoom Black Daal and Dishoom Chicken Ruby.
- **ALSO:** Fully halal menu but they serve alcohol. Every Wednesday (2-5pm), ask for the Bun Maska Offer for free bottomless chai and a sweet maska bun. Also make sure to ask for the Matka the first time you dine there; the next time you dine there, show it to your server as you request a bill. You'll get to roll a die, and if you roll a six, the bill for your whole table will be taken care of.

Halal Food Guide

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JWD Lamian Noodle Bar

PRICE RANGE:



LOCATION:

Regent Street, near Downing College

- **FOOD:** A Chinese restaurant specialising in fresh hand-pulled noodles and rougamo (Chinese burger). Food is always decent but can sometimes be too salty. The soup-based dishes are often recommended over the dry noodles.
- **ALSO:** Fully halal menu but they serve alcohol.

Ji The Chicken Shop

PRICE RANGE:



LOCATION:

Regent Street, near Downing College

- **FOOD:** Asian restaurant that specialises in Taiwanese fried chicken, but is also known for its bubble tea and rice dishes. Relatively pricy for fried chicken but the portion of chicken breast is huge (as is typical of Taiwanese fried chicken).
- **ALSO:** Fully halal menu. The best combination of seasonings is anything that has salt and pepper + plum.

Little Petra

PRICE RANGE:



LOCATION:

Hills Road, near Train Station

- **FOOD:** A Jordanian restaurant serving grilled meats and mezze platters; is particularly known for their fresh Baklava.
- **ALSO:** Fully halal menu, they don't serve alcohol. Relatively pricy but portions are huge (Mixed Grill). Make sure to go with a group so you can get the most value for your money.

Halal Food Guide

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Noshe Afghan Restaurant And Coffee House

PRICE RANGE:



LOCATION:

Mill Road near Hughes Hall

- **FOOD:** A Chinese restaurant specialising in fresh hand-pulled noodles and rougamo (Chinese burger). Food is always decent but can sometimes be too salty. The soup-based dishes are often recommended over the dry noodles.
- **ALSO:** Fully halal menu but they serve alcohol.

Shake Shack

PRICE RANGE:



LOCATION:

Market Square

- **FOOD:** The iconic American fast-food restaurant (at sit-down prices) serving great smashed burgers, fries, and hand-spun frozen custards.
- **ALSO:** Chicken and beef are halal but they serve pork and alcohol. They offer a 20% discount so make sure to show your CamCard or UNiDAYS. Still considered expensive even after discounts.

Halal Food Guide

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Leisure Activities



Punting



- The River Cam is the main river running through Cambridge – after all, Cambridge literally means "bridge over the Cam". Why not sit back, relax and enjoy the scenery along this iconic river and experience a different view of the river colleges?
- Several punting companies in Cambridge offer paid options that combine a guided tour with a traditional punting experience. These include:
 - Cambridge Punt Company
 - Rutherford's Punting
 - Traditional Punting Company
 - Let's Go Punting
 - Scudamore's Mill Lane Punting Station
- These companies vary in terms of number of seats offered and whether you can self-punt. On average, the price per pax would amount to about £15–£25 during off-peak periods and £20–£30- during peak summer periods.
- However, you're in luck if you go to a river college! Several river colleges own their own punts and offer their punts to students for free, though of course subject to availability.
- Colleges like Wolfson and St Edmund's also have punts that you may rent for personal use (do check if your college has one too).



Museums



The Fitzwilliam Museum

The Fitzwilliam Museum

- LOCATION: Trumpington Street, Cambridge, CB2 1RB.
- TIME TO SPEND: Around 1½ to 2 hours
- Cambridge's largest and most famous museum. They house ancient Egyptian, Greek and Roman artefacts which span statues, ceramics, jewellery, paintings etc.

University Museum of Zoology

- LOCATION: Downing Street, Cambridge, CB2 3EJ, within the University's Downing Site.
- TIME TO SPEND: Around 45 minutes to 1 hour.
- Look out for the enormous 21-metre fin whale skeleton suspended above the entrance. Inside, the museum houses an wide-ranging collection of animal specimens (including extinct ones!) & fossils. Darwin's beetle collection is also preserved in this museum.

Sedgwick Museum of Earth Sciences

- LOCATION: Downing Street, Cambridge, CB2 3EQ. Situated in the Downing Site.
- TIME TO SPEND: Around 45 minutes to 1 hour.
- Travel through 4.5 billion years of the Earth's history through fossils, rocks and minerals. This is particularly worth visiting if you are interested in dinosaurs, geology or the evolution of life.



University Museum of Zoology



Sedgwick Museum of Earth Sciences

Museums



Museum of Archaeology
and Anthropology



The Polar Museum

Museum of Archaeology and Anthropology

- **LOCATION:** Downing Street, Cambridge, CB2 3DZ, opposite the Grand Arcade and close to the Museum of Zoology and Sedgwick Museum.
- **TIME TO SPEND:** Around 45 minutes to 1 hour, or longer if you enjoy reading the displays in detail.
- Explore around two million years of human history through archaeological finds and cultural objects from around the world. Highlights include early stone tools and objects collected during Captain Cook's era.

The Polar Museum

- **LOCATION:** Scott Polar Research Institute, Lensfield Road, Cambridge, CB2 1ER. It is around a 10-minute walk from the Downing Site museums.
- **TIME TO SPEND:** ~ 30 to 45 minutes.
- A smaller museum exploring Arctic and Antarctic expeditions, polar science and the lives of explorers like Robert Falcon Scott and Ernest Shackleton. Its collection includes photographs, maps, equipment and personal objects from historic expeditions.

Escape Rooms

Escape rooms are a great way to unwind with your friends and take a break from your academics while feeling productive (surely all the mental exercise counts for something). There are 3 escape rooms you can explore in Cambridge.

Lockhouse Escape Games: A top-rated and conveniently located escape room featuring 5 different games, each 60 minutes long, revolving around the themes of time travel, mythical adventures, spies and space exploration. Lockhouse provides a unique experience full of twists and mind-boggling puzzles suitable for players of all skill levels.

LOCATION: 70 Regent St, Cambridge CB2 1DP

- Pricing: Standard rooms are priced from £27 to £33.75 per pax depending on your group size (2-6 pax). Premium rooms ('The Mayan Temple' and 'The Time Machine') are priced at £30 per pax regardless of group size (4-8 pax). *Bring along your student ID to enjoy a 10% discount!*



Lockhouse Escape Games

Escape Rooms



Escape Hunt Cambridge

Escape Hunt Cambridge: Another conveniently located escape room featuring 9 different fantasy- or history-themed games, each 60 minutes long. Escape Hunt also offers a city hunt option, an outdoor escape room which is 90 minutes long, in which players use a digital map and a case of props to follow a puzzle trail involving vampires, AI or Wonderland. Both indoor and outdoor games can be played in teams of up to 6 people.

LOCATION: 36 St Andrew's Street, Cambridge, CB2 3AR

- Pricing: Indoor rooms are priced from £24 to £33 per pax depending on your group size. City hunts are priced at £15 per pax. *Bring along your student ID to enjoy a 15% discount between Monday-Thursday for indoor escape rooms! You can enjoy a 10% discount on city hunts using the code EHEARLYBIRD before 12pm between Monday-Thursday.*

Exit Rooms – Cambridge Escape Rooms: Exit Rooms features 3 games revolving around aliens, Christmas or a flying bicycle. Games are either 60 minutes long ('Victoria's Christmas Challenge' and 'The Secret Clubhouse') or 90 minutes long ('Specimen 27'). Players also get a free souvenir personalised with their team photo.

LOCATION: The Old Maltings, 135 Ditton Walk, Cambridge, CB5 8PY

- Pricing:
 - Victoria's Christmas Challenge: £18 to £30 per pax depending on group size (2-8 pax)
 - The Secret Clubhouse: £21 to £30 per pax depending on group size (2-5 pax)
 - Specimen 27: £32 to £45 per pax depending on group size (2-5 pax)

Use the code STUDENT15 and bring along your student ID to enjoy a 15% discount!

Exit Rooms - Cambridge
Escape Rooms

Climbing



Rainbow Rocket North
Climbing Centre



Rainbow Rocket Central
Climbing Centre

Despite how small Cambridge is, it boasts 3 climbing gyms, which cater to both the complete beginners as well as the seasoned veterans. If you are looking for a fun activity, which can also be counted as exercise, look no further than bouldering.

Rainbow Rocket North Climbing Centre: Cambridge's largest bouldering facility, with over 100 routes ranging from beginner to advanced routes. They also have a dedicated weights gym, a stretching area, as well as an angle-adjustable Tension Board 2 Mirror layout. The only con of this gym is that it's located towards Cambridge North.

LOCATION: Units B/C, Beadle Trading Estate, Ditton Walk, Cambridge CB5 8PD

Rainbow Rocket Central Climbing Centre: The older but slightly smaller brother to Rainbow Rocket North. Located near Cambridge station, this gym has a slightly more old-school vibe but still maintains the great quality of routes as Rainbow Rocket North.

LOCATION: 48 Clifton Rd, Cambridge CB1 7ED

- Fees for the Rainbow Rocket Centres:
 - Make sure to show them your student ID to enjoy the student prices:
 - Student day pass: £11.50 on all days
 - Student Fridays: £8.50 if you enter the gym before 4pm on Fridays
 - Shoe rental: <to be filled>

Climbing

Kelsey Kerridge Climbing Centre: Located much closer to the city centre in Kelsey Kerridge Sports Centre, KK offers a smaller but cheaper climbing experience. However, do note that they do not offer shoe rental, so if you don't have shoes, you will need to climb in trainers.

LOCATION: Queen Anne Terrace, Kelsey Kerridge Sports Centre, A603, Cambridge CB1 1NA.

- **Fees for Kelsey Kerridge:**

- Student non-member pass: £6.80 off peak, £7.80 peak
- Student member pass: £4.70 off peak, £6.00 peak
- Off peak: Monday to Friday 9am - 5pm, Saturday all day
- Peak: Monday to Friday 5pm - 11pm, Sunday all day



Kelsey Kerridge
Climbing Centre

Shopping

Bedding

- You will need a duvet, a pillow, as well as sheets and duvet/pillow covers. Different colleges provide a different combination of these things, and some may have a set available for rent or sale.
- For affordable bedding, try Primark, ASDA or the larger supermarkets. John Lewis is another option if you are looking for something more durable or higher quality.
- If you're looking to bring your own fitted sheets, remember that UK bed sizes are different to Singapore's!

Other Appliances

- Most basic household items and small appliances can be found in larger supermarkets, such as Sainsbury's and the Tesco Superstore. TK Maxx is also a good place to look for discounted cookware, kitchen utensils, storage items and small appliances.
- Many students purchase a water-filter jug because Cambridge has hard water where the mineral content (such as calcium carbonate) is relatively high. These materials are safe to drink but can leave limescale deposits in your cups.
- If you prefer online shopping, Amazon is always an option and will have everything you need! You get 6 months free Amazon prime for being a student, but you can register more than one address under a single account, so it's a good idea to share one with your friends to maximise savings!

Shopping

Toiletries

- You can find pretty much everything you'll need at Boots and Superdrug (shampoo, skincare products, medication, personal-care essentials etc). Poundland is also worth checking for basic toiletries and household items.
- The climate in the UK tends to be quite dry, so it's a good idea to invest in lip balms, hand creams and moisturisers.

Stationery

- Most stationery is expensive in the UK (and not of great quality). It's worth bringing a good supply of pens, highlighters and mechanical-pencil refills from home.
- Writing pads, notebooks, folders and ring binders can be purchased from WHSmith, Ryman and larger supermarkets.

Clothes

- Winter clothes can be bought relatively easily from shops in the city centre, including H&M, Zara, M&S, and UNIQLO. However, it's recommended that you purchase your winter insulation from UNIQLO in Singapore. For more affordable basics, Primark is a useful place to pick up sweatshirts, jackets and other cold-weather essentials.
- Another more sustainable alternative is to check out the various charity shops around Cambridge, such as Scope, British Heart Foundation, and the East Anglia Children's Hospice (EACH). Charity shops are a great way to shop more sustainably, and some stores have really great items for a fraction of the price.
- Vinted is another popular option for buying second-hand clothes. You can search by brand, size, condition and price, making it particularly useful if you already know what you are looking for.



Shopping

Joybuy

Joybuy is the Chinese Amazon, with a large selection of Asian food and drinks, including Singaporean brands like Yeo's. Delivery is free for orders above £40, although a monthly membership is recommended, entitling you to unlimited free delivery with no minimum spend.



Thank you for
reading.
See you in
Cambridge!

DESIGNED BY:
Sophie Khoo,
Publicity Secretary
2026/7



Cambridge University
Malaysia & Singapore
Association





Top-Tier Student Housing

High-Quality Living Experience

Mapletree's Student Housing Portfolio¹

\$4.6B AUM

76 Assets

Over **25,000** Beds

40 Cities in US, UK,
Germany and Canada

Headquartered in Singapore, Mapletree Investments Pte Ltd ('Mapletree' or 'the Group') is a global real estate development, investment, capital and property management company committed to sustainability. The Group strategically invests in markets and real estate sectors with high growth potential to deliver consistently attractive returns.

As at 31 March 2026, Mapletree has S\$76.2 billion of assets under management (AUM). The Group manages three Singapore-listed real estate investment trusts (REITs) and nine private real estate funds, which hold a diverse portfolio of assets in Asia Pacific, Europe, the United Kingdom (UK) and the United States (US).

Mapletree owns and manages over 25,000 student beds located across 40 cities in the US, the UK, Canada and Germany. The 453-bed Westwood Student Mews in Coventry represents Mapletree's first student housing development in the UK, while the 513-bed The Chestnut at University City

in Philadelphia marks Mapletree's first student housing development project in the US.

These developments highlight Mapletree's capability to develop and manage high-quality, well-located student housing offerings.

As the fourth-largest UK student housing owner, Mapletree recently expanded its operational footprint by integrating 21 externally managed properties into our in-house Student Castle platform, growing it from 10,000 to 15,000 student beds. This enabled Mapletree as both owner and operator to maintain a quality living experience across its portfolio of student housing assets.

In the UK, besides student housing, Mapletree also owns and manages offices – Green Park, 3 Hardman Street, iQ Building and One Glass Wharf – and a logistics property Derby DC1.

¹As at 31 March 2026.



Mapletree's
LinkedIn



Mapletree's Student
Housing Portfolio

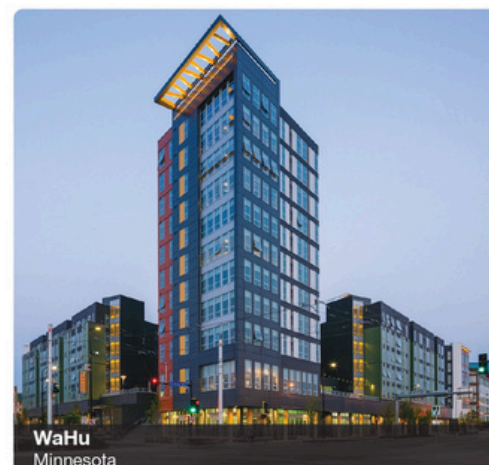


Submit a Student-Housing
Related Enquiry

| UK assets



| US assets



maple^{tree} 丰树

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logistics

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industrial

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pan asia commercial

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global student accommodation
private trust

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us income commercial
trust

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us logistics
private trust

maple^{tree}
china logistics investment
private fund

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india real estate
investment platform

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japan investment country
fund

vivo^{city}

maple^{tree}
BUSINESS CITY

mTower

mplaza

mBAY POINT

FESTIVAL WALK

GreenPark

capitol^{students}

StudentCastle

Embark on Your Global Career at Nomura



Who We Are

Nomura is a global financial services group with an integrated network spanning approximately 30 countries. By *connecting markets East & West*, Nomura services the needs of individuals, institutions, corporates and governments through its three business divisions: Wealth Management, Wholesale (Global Markets and Investment Banking), and Investment Management. Learn more about Nomura's services by visiting our "**What We Do**" homepage.

Our Divisions

Nomura's divisions are primarily dedicated to servicing the needs of institutional clients. They comprise of:

INVESTMENT BANKING, which provides financing, advisory and risk solutions to our clients.

GLOBAL MARKETS, an integrated, cross-asset platform which includes research, sales and trading in global securities. GM also houses international wealth management which provides tailored investment, financing and wealth planning solutions.

CORPORATE FUNCTIONS, which includes Finance, Risk, Operations, HR, Legal, Compliance, and many other departments. These teams are fundamental to our success.

TECHNOLOGY, supports the Investment Banking and Global Markets divisions in servicing their clients.

Our Culture



EMPLOYEE NETWORKS

EMPLOYEE FUNDRAISING ACTIVITIES



FLEXIBLE WORKING

MULTI-YEAR CHARITY PARTNERSHIPS



CORPORATE GRANT-GIVING

VOLUNTEERING OPPORTUNITIES



GROWTH & EXPLORATION

Collaborate with teams from all around the globe to help you discover new perspectives and values.



CAREER & LIFESTYLE

Our employees today have many choices when considering their career and lifestyles.



INCLUSION AND CULTURE

Our people are our greatest asset. We encourage diverse perspectives and an inclusive workplace that allow our people to thrive.

SOAR — Developing Analysts for Today and Tomorrow

SOAR is Nomura's two-year learning program focused on developing Analysts at Nomura to be fully prepared for what they need to do today and equipped to take on the bigger challenges of tomorrow.

Nomura in Numbers

As of March 2026

Servicing our clients for almost **100 years** since

1925

Education

1,240,847

As of March 2026

Elementary school, high school & university students have attended our lectures on finance & economics



¥136.9 trn

Net assets under management through our investment trust and investment advisory businesses



28,677

Employees in approximately **30** countries



A diverse workforce with **90** Nationalities

Discover Global Markets

Our Global Markets team services financial institutions, corporates, governments, asset managers and hedge funds around the world. We act as market makers, trading in equity and fixed income securities, including currencies, interest rates and credit in cash, derivatives and structured products.

By leveraging the strength of our intellectual capital, client relationships and technology, we offer best-in-class products across a truly integrated, global cross-asset platform. A recognized leader in Asia with an international network spanning over 30 countries and regions, we are in a unique position to offer a truly East-West service.

Your Journey Starts Here

This program will be your launchpad into the world of financial markets. You'll gain hands-on experience in live market environments, direct exposure to global financial operations, valuable industry connections, and a potential fast track to our Graduate Analyst Program in Asia.

Choose Your Path

Sales: Build and nurture relationships with prestigious institutional clients including pension funds, hedge funds, and global corporations.

Trading: Execute securities transactions in live markets, engage in market-making and manage capital deployment.

Structuring: Design innovative financial products and develop risk management strategies in partnership with trading and sales teams.

Research: Analyze markets and companies to provide actionable insights for institutional investors and internal stakeholders.

Join us in shaping the future of global markets. Your knowledge combined with Nomura's expertise could be the perfect formula for an exceptional career in finance.

Message from your alumni:

Nomura has provided me with the opportunity to work on interesting problems, surrounded by smart, driven people. Nothing we do is easy, but it all seems manageable when you are part of a close-knit, high-performing team. Much like my time spent on the Cam!

Christopher Torrington
Executive Director, Global Head of eFX
Trading and Strategy



Christopher (middle)

Our Process



Embark on Your Global Career at Nomura



Scan the QR code to
access our Careers page
www.nomura.com/careers

NOMURA
PODCASTS



NOMURA
Connecting Markets East & West

CAMBRIDGE STUDENTS:

Interested in building your career in Singapore?

Applications are now open for Optiver's flagship student programs in Singapore*: **FutureFocus** and **Career Kickstarter**.

Explore how your STEM background can translate into a career in quantitative trading, research, or technology.

Why apply?

- Apply your maths, coding and analytical thinking to real-world challenges in global markets.
- Learn directly from experienced traders, engineers, and researchers.
- Build practical skills through live projects, coding workshops and trading simulations.
- Secure an internship or full-time offer, if you excel in the program.

Why Singapore?

- Launch your career in a global trading hub
- Join an international team and build a global career.
- Enjoy Singapore's highly competitive tax environment.

**Successful applicants travelling from outside Singapore will have flights and accommodation covered by Optiver.*



World-class training

Our in-house education team, consisting of ex-traders and engineers, is dedicated to help you thrive in your career.



Transparent teams

We share information and ideas across trading desks, teams and offices, enabling us to make better decisions, faster.



Flat hierarchy

Success can come from anywhere, regardless of seniority.



Shared success

Our global profit-sharing model ensures that we are invested in each other's success.



FUTURE F • CUS

FutureFocus introduces you to the fascinating world of quantitative trading. It's the perfect opportunity to expand your analytical thinking, explore potential career paths and see how your skills could drive real impact. Plus, you could secure an internship offer, if you excel in the program.

Opportunity to secure an internship offer

3–7 August 2026

For pre-penultimate students (graduating 2028 or later)

Technology



Trading & Research



CAREER KICKSTARTER»

Opportunity to secure a full-time offer

21–25 September 2026

For final year students or recent graduates (eligibility differs based on stream)

Graduating soon or just started your trading career? Join STEM students from leading universities across APAC in our regional Career Kickstarter program. Experience how engineers, traders and researchers work together to solve complex challenges in global markets, and if you excel, you could secure a full-time offer with Optiver.

Technology



Trading & Research



Eligibility:

- Final-year students graduating in **2026** or **2027**
- Eligible to work in Singapore

Eligibility:

- Penultimate or final-year students graduating in **2027**
- Recent graduates (2024–2026) with up to 2 years of industry experience

Interested in roles in Amsterdam or London?

We're opening for our European opportunities later in the summer, including:

- FutureFocus program for 2029 graduates
- Internships in Trading, Research, Software Engineering and FPGA
- Graduate roles and program



Sign up to our talent community to be the first to hear when these opportunities open



Who We Are

ST Engineering is a global technology, defence and engineering group with a diverse portfolio of businesses across the aerospace, smart city, defence and public security segments. We harness technology and innovation to solve real-world problems, enabling a more secure and sustainable world.

Headquartered in Singapore, we have operations spanning Asia, Europe, the Middle East and the U.S., serving customers in more than 100 countries. We reported a revenue of over S\$12 billion in 2025 and rank among the largest companies listed on the Singapore Exchange. It is a component stock of MSCI Singapore, FTSE Straits Times Index and Dow Jones Best-in-Class Asia Pacific Index.

Business Overview

We have a diverse portfolio of businesses, organised into distinct Business Areas which operate under the Clusters of Commercial Aerospace, Smart City & Digital Solutions, and Defence & Public Security.



Strong Global Presence



Connect with us



www.stengg.com

ENGINEER YOUR FUTURE WITH US

ST ENGINEERING

GLOBAL TALENT PROGRAMME



About the Programme

The Global Talent Programme (GTP) is designed to nurture our next generation of technology and engineering leaders! You can look forward to enriching your career experiences and accelerating your professional growth through job rotation opportunities across cities we operate in, including our Global Headquarters and Business Units in Singapore where you will play an impactful role in harnessing technology and innovation to enable a more secure and sustainable world.

Why Join Us?

- Accelerate your career growth via expanding your skillsets and competencies
- Make an impact by solving real-life engineering and technology challenges
- Immerse in our innovative and collaborative work culture
- Explore exciting roles across international business units, including our Global Headquarters in Singapore

What's in it for you?

- Dedicated mentorship & career development support
- Bond-free joining bonus of up to SGD\$50,000
- Structured rotation programme

Are you up for it?*

Graduates with good academic and leadership achievements from recognised Overseas Universities and less than 3 years of work experience

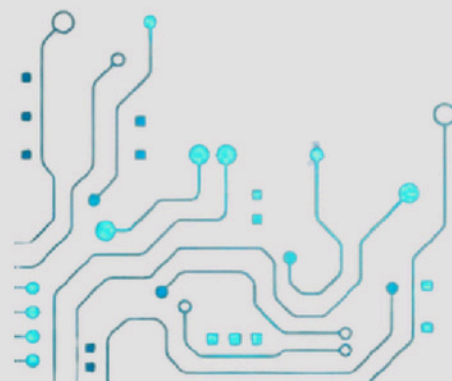
**Undergraduates are welcome to apply for internships*

Exciting Opportunities in these Areas Await You!

- Data Science, Analytics and AI
- Generative AI
- Machine Learning
- 5G Solutions
- Robotics and Automation
- Cloud Solutions
- Cybersecurity
- MRO Services
- Environmental Engineering
- Design & Engineering
- Unmanned Solutions
- Satellite Design & Production
- Manufacturing, and more



Find out more here



DRW

Make Your Mark Here.

We are a diversified trading firm innovating across both traditional and cutting-edge markets. We deploy sophisticated technologies to make markets more efficient, transparent and fair. This is possible because we have some of the sharpest engineers, technologists, traders and professionals in the world. Our commitment to our people is to give them the tools, training and flexibility they need to be successful.

Open opportunities in:

- Quantitative Trading Analyst
- Quantitative Researcher
- Software Developer



Solving the Puzzle of Global Markets

Jane Street is a global trading firm with offices in London, New York, Hong Kong, Singapore, and Amsterdam. Our approach is rooted in technology and rigorous quantitative analysis, but our success is driven by our people.

Learn more about us and our roles at our programmes and events. No finance experience needed. We look for a passion for critical thinking and creative problem-solving—people like you!

Learn more about Jane Street:





WHERE AMBITION MEETS EXCELLENCE

LATHAM & WATKINS

Join a Truly Global Firm

Our global management committees unite our offices around the world to drive the firm forward. Wherever you are in the world, our vast global coverage will mean you have access to a borderless network of expertise.

Benefit From Extensive Resources and Training

From our signature academies focused on skills development, to our CareerDesign program helping you shape the direction of your career, Latham invests in your future.

Feel Empowered to Actively Contribute

Associates participate in leadership, including in our global committees. Reviews, bonuses, and promotions are decided by our Associates Committee, comprised equally of associates and partners.

Key Dates

2027 HK/SG Vacation Scheme

Applications open: October 1, 2026

Applications close: February 1, 2027

To find out more about our Summer Vacation Scheme and Training Contract, please visit [LWCAREERS.COM](https://www.lwcareers.com)



Hong Kong



Singapore

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