

CUMSA Family Booklet

Little secrets to having a happy family

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First contact

The first, most important step is to begin talking to your family. It doesn't have to be a full on "Hey stranger, let's go have a meal!"; perhaps you could drop them messages over their Facebook/email introducing yourself to get the ball

rolling. Try emailing their Hermes email (Cambridge's email system) or drop Yibin, your friendly CUMSA welfare officer, an email and see if he can help—contact details are on the last page of this booklet.

From there on, try creating a group (Facebook, WhatsApp, etc.) for the family for easier communication. If this is sorted, move on to step 2!

Summary: Get talking

Meeting the family

Next arrange to meet the family. You can do this in several ways:

- Make a doodle poll (as the CUMSA committee often does to arrange meetings)
- Suggest several times you are free and see if everyone can make it for any of those
- Arrange to do it in conjunction with an event like the CUMSA Fresher's Squash, or even the Fresher's Fair

If not everyone can make it in the near future, do consider meeting members of your family separately—perhaps in an informal setting like a café or maybe giving them a tour of your college. The more you interact with them the more you will get to know each other and the happier the family will be!

Summary: Arrange to meet family

Finding common interests

Many strong relationships are based on mutual interests. It could be anything from a favourite movie to baking, talk to your family members and you will be surprised how many

CUMSA's Magical Cambridge Tour

Curious about what there is to see and eat in Cambridge? Visit these locations together with your family! Refer to the map for approximate locations of numbered items.

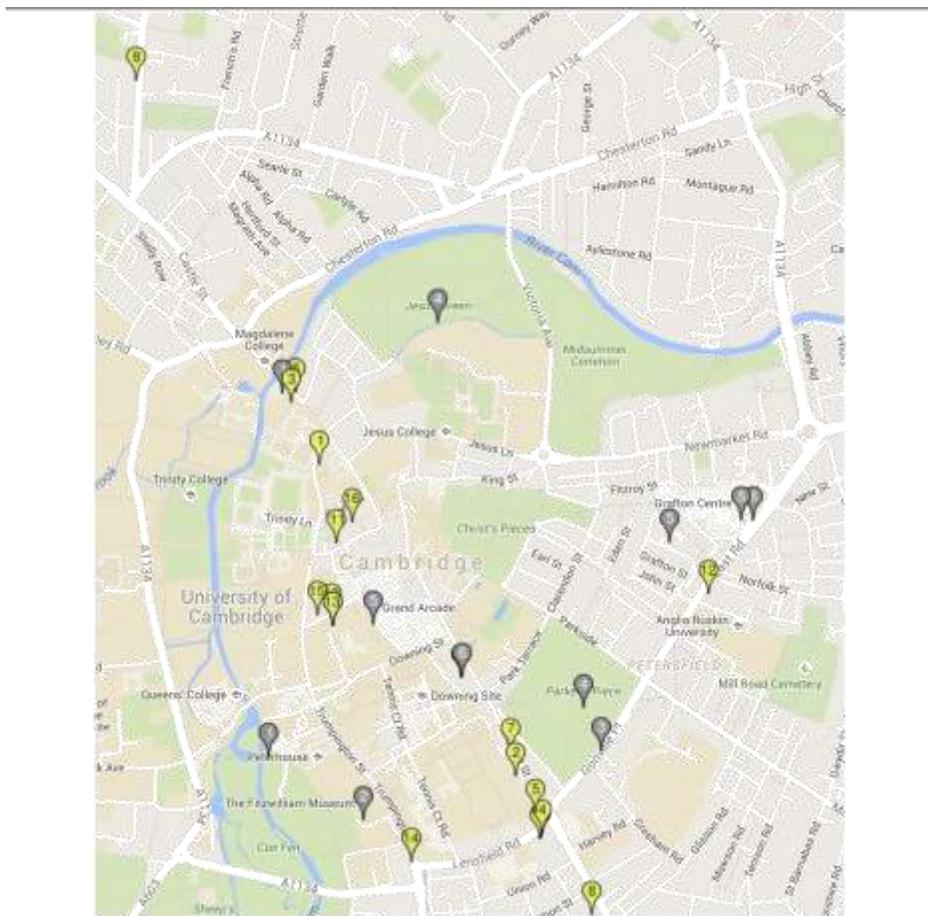
things you share in common. If it is possible to pursue an interest together (e.g. a sport), look for what facilities there are around Cambridge or ask seniors and members of the CUMSA committee. Also check out 5 & 6 for things to do and places to eat at.

Summary: Talk more

Meeting other families

Once you've gotten to know your own family, you could arrange to meet other families, CUMSA or otherwise. Simple ask your friends if they are involved in a family and whether you could have a joint family event, like a cook -out or potluck at one of the member's kitchen. If they are not in a family and would like to be, get them to contact the CUMSA committee and we will do our utmost to help!

Summary: Ask other people about their families, organise joint activities



Places to eat

Places with CUMSA discounts

Show your membership card to qualify!

- B** HK Fusion (two branches, the marked one at St John's street and the other at Burleigh Street near Primark)

10% off, above average Chinese food like Beef Hor Fun and Ma Po Dou Fu with rice. Roughly £7 per person.

- C** Seven Days (66 Bridge Street near Downing College) 5% off a-la-carte from Monday to Thursday. A favourite for many students although the food can be oily. They do a lunchtime buffet and a hotpot buffet (around £18) too.

- D** Chinese Canteen (30 Bridge Street near Magdalene College)
10% off for all students. A favourite for Singaporean students with a wide variety of fairly affordable dishes, best for groups of 3+ people. They also do a hotpot buffet though I personally prefer Seven Days'

Sit-down places

- E** The Oak Bistro (6 Lensfield Road near Our Lady and English Martyr's Church)
British/European food. More pricey around £15-20 per person but they do cheaper lunch sets as many restaurants (like Bill's café) do in Cambridge.
- F** The Olive Grove (100 Regent Street, several paces from Oak bistro)
Greek and vegetarian food, delicious cheese dishes. Try the lunch set menu.
- G** Thaikhun (3-5 Quay side near Chinese Canteen and Magdalene college)
Authentic Thai Food and students get a discount (check their website). Try their curries!
- H** Gourmet Burger Kitchen (a.k.a GBK, 43-45 Regent Street)

Awesome gourmet burgers, sweet potato fries, milkshakes, a 25% student discount and has an application with additional discounts/offers!

Takeaway food

- I Domino's pizza**
They have two branches—one on Hills Road and one on Histon Road, but most people just have their pizza delivered. Better than pizza hut.
- J Golden House takeaway (12 Lensfield Rd)**
A favourite amongst Singaporean students with student specials from £5. Try the duck rice and braised beef.
- K Lan Hong House (beside Golden House)**
Good food but some students only go here when Golden House is closed. Addicts.

Fast food

Let's not forget:

- L McDonalds, and M KFC**

You get a free burger or McFlurry at McDonalds when you buy a meal if you show your student card!

Cafes

- N Aromi (3 outlets, two on Benet Street near Kings's Parade and one coming near Primark)**
Wonderful Sicilian pizza, cakes and gelato.
- O Hot Numbers (4 Trumpington Street)**
Pricey but lovely coffee and bacon sandwiches.

- P Indigo Coffee House (8 St Edward's Passage, an alleyway off King's parade)**
Lovely, affordable cakes and coffee.

- Q Bill's Restaurant**
Slightly expensive but warm, cosy atmosphere and good desserts.

Things to do in Cambridge

There are a couple of things you could do as a family outing:

- B Punting**
See if your colleges have punts you can use for free/cheap, or head to any Scudamore's branch (you can sometimes get college discounts)
- C Visit the Fitzwilliam Museum**
Much bigger than it looks on the outside and extensive galleries
- D Go rock-climbing or play badminton at Kelsey Kerridge Sports Centre**
For sporty families.
- E Family picnic on Parker's Piece or Jesus Green**
College tour
- F Shopping**
At the Grand Arcade, the Grafton or Primark
- G Watch a movie**
At Arts Picturehouse near Emmanuel College or Vue cinemas in Grafton shopping centre (further for most)
- H Catch a drink and chat in a pub**
Wetherspoons is a good budget pub but avoid it on Friday Nights!
Bike to Granchester and stop by The Orchard Tea Garden for tea

Keeping each other going

Life in Cambridge can get pretty stressful pretty quickly. It would be nice to give little bits of encouragement, or sugar, to your family members in person or leave it in their college pigeonholes (personal mailboxes at their colleges, might have to ask the porters to help). A little chocolate bar or even a sachet of Milo will go a long way to cheering them up and keeping them motivated!

Summary: Feed your family

Contact Us

If you have any questions or need help with anything at all feel free to contact any of us on Facebook or via email!

Michelle Lim (President) at president@cumsa.org

Bridget Zhang (Secretary) at secretary@cumsa.org

Huang Yibin (Welfare Officer) at welfare@cumsa.org